

**CHARNWOOD HEALTH AND WELL-BEING PARTNERSHIP FORUM
24TH MARCH 2010**

ITEM 5 FAMILY WELL CLINICS

The Family Well Clinics are aimed at residents in the Priority Neighbourhoods who often don't access medical/health services. Much of the IMD data for these areas is related to smoking, obesity/poor diet and limited access to services/participation in exercise. North West Leicestershire has run 5 clinics to date and the evaluation results are currently being reviewed. The health checks involve a referral scheme and this has seen good results.

Each clinic will have Health (blood pressure, cholesterol) checks delivered by the Active Together Teams, smoking cessation, healthy eating/diet and Chlamydia checks as standard. We also hope to get information from the PCT which will help us to identify more local issues which we can specifically be dealt with for each event. Each clinic has an estimated cost of £600.

It has been proposed at Chief Executive level between CBC, NWLDC and the PCT that we will jointly run a years trial on these clinics. We are currently working on a schedule with both councils holding 9 clinics over the next 12 months. The aim is to book all the resources now to ensure commitment and buy in. We will also be looking at developing long term initiatives that can be launched at these events and in NWL they are trialling 6 week 'pass it on' cooking classes.

It is our aim whenever possible to run the clinics in conjunction with Partnership Action Weeks but where this is not possible we will just hold the clinics. North West will support the promotion of these events and have provided us with templates on publicity and all the evaluation material they have used.

We are hoping to confirm the schedule this week, with the first clinic in Charnwood being held at the MTC during the Peel Drive action week 12th-16th April 2010.

Leisure services will co-ordinate these events with support from the Neighbourhood Management Teams regarding locations etc.

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